

the minds of the audience on how to remain healthy by eating right and changing the sedentary life style to be free from diseases. The speaker advised the audience to take care of their problems with patience and home remedy and advised them to stay away from allopathic medicines as much as possible. Including DAVIM faculty, around 200 participated from Delhi and NCR. The Head of the Institute, Dr Neelam Gulati, shared her views that maintaining good health is the most essential aspect to be followed by all individuals. She praised the efforts put in by Mr. Umed Singh and his team who coordinated the programme. She also thanked the coordinators of NLS, for arranging the workshop.

### “BE A BLOGGER”

DAVIM's FDP and Publications Cell, headed by Dr. Ritu Arora and Dr. Ashima Tandon , organized an FDP for the faculty members on “Be a Blogger”.



Mr. Himanshu Singhla from Techno Sikshaa enlightened the faculty on the importance of writing blogs and helped the first time writers in posting their blogs. The faculty members manifested their writing panache and learnt to voice their concern on social, political issues. The Head of the Institute, Dr. Neelam Gulati, valued the efforts put in by the faculty members and encouraged them to write blogs and exhibit their valuable thoughts and ideas.

### CENTRE FOR ENVIRONMENT/ COMMUNITY SERVICE

Our planet is our home. Practicing an eco-friendly life style and promoting green business is the only way to build a greener environment.

DAVIM Centre for Environment is small step towards addressing the environmental crisis confronting the humanity and various other species on the planet.

Environmental issues are a key theme to all aspects of work throughout this Centre. All Faculties and Students are encouraged to have deep regard for the environment they are in and what the possible implications of their actions may have on it.

DAVIM Centre for Environment accepts its obligation to comply with all relevant legislation and minimize its impact upon the environment. In recognition of this the Centre has begun to implement an environmental system, which focuses on:

- Education about environmental issues
- Minimizing waste

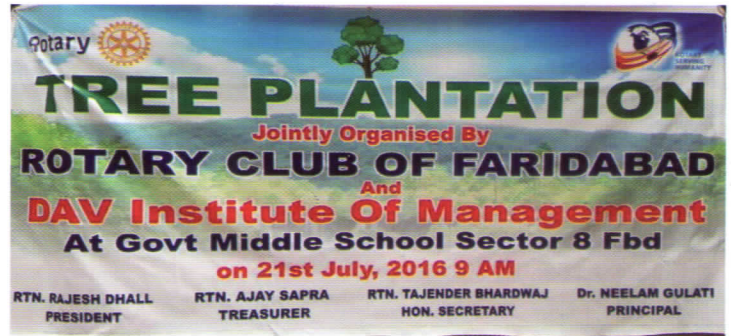
- Monitoring of energy consumption
- Steadfast commitment to preventing pollution
- Continuous Afforestation Activities

Some of the routine activities of the center are- Sensitization Seminars, Tree plantation, Sapling Distribution, Commemoration of Earth Day, Ozone Day, etc.



### TREE PLANTATION DRIVE AT DAVIM, FARIDABAD

“The creation of a thousand forests is in one acorn”  
-Ralph Waldo Emerson



The Centre for Environment, DAV Institute of Management took a noble step in association with Forest Department and MCF, in planting more than 700 saplings at various places in Faridabad, on 6<sup>th</sup> August 2016.

The saplings included those of medicinal plants as well as garden flowers. Dr. Neelam Gulati said that every day should be treated as Van Mahotsav and plants should be grown to keep the environment green, clean, safe and healthy. The institute has a plan to beautify the city through tree plantation and spread the message of “Each one, Plant one”. Tree Plantation was also organized in association with Rotary Club in government school in sector 8.